

Westminster Health & Wellbeing Board

Date:	16 November 2017
Classification:	General Release
Title:	Central London CCG and Westminster City Council Refreshed CAMHS Transformation Plan
Report of:	Rachael Wright-Turner (Director of Commissioning); and Jules Martin (Managing Director of Central London CCG)
Wards Involved:	All
Policy Context:	Following a critical report from the House of Common's Health Select Committee on young people's mental health, the Children and Young People's Health and Wellbeing Taskforce was established in September 2014. The Taskforce report, ' <i>Future in Mind</i> ' contained 49 recommendations for improvement, and there was an undertaking from the Government to increase resources for young people's mental health by £1.25 billion over five years.
Financial Summary:	<p>Central London CCG (CL CCG) invests £2,955,539 commissioning young people's mental health services. Additionally, West London CCG provides a further £795,806 to commission mental health services for young people with a GP in the Queens Park and Paddington area. Total historic CCG funding is £3,751,345.</p> <p>Following the government's publication of <i>Future in Mind</i> (Feb 2015) CL CCG was allocated £91,557¹ to establish a community eating disorder service for young people and a further £229,176² to transform Child and Adolescent Mental Health Services (CAMHS) for 2015-16, these funds arrived with CCG's in December 2015.</p>

¹ Funding for five years

² Funding for five years.

For 2016-17, an uplift to £483,000 was confirmed for transformation of existing and new services, with additional in-year funds to reduce waiting times. The Eating Disorder funding was also increased to £101,000 giving a new total for 2016-17 of £584,000.³

For 2017-18, the transformation resources from NHS England have not yet been confirmed, as finance is dependent upon successful submission of the CAMHS Transformation Plan on 31 October 2017. The CCG's expectation is that last year's funding will be matched with the exception of the waiting time resource.

Total expected CCG funding for 2017-18 is therefore:

Existing funding:	£3,751,345
Transformation funding:	£ 553,029 ⁴
Eating Disorders funding	£ 128,060 ⁵
Total	£4,432,434

Westminster City Council currently invests **£585,380** in young people's mental health services.

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1. Executive Summary

- 1.1 An update report was provided to the Westminster Health and Wellbeing Board in November and March 2016 which outlined in some detail the progress since the CAMHS Task and Finish Group report (November 2014); publication of 'Future in Mind' (February 2015) and the submission of the initial Central London CCG and Westminster Young Person's Mental Health Transformation Plan (October 2015).
- 1.2 The submitted 2015-16 Transformation Plan resulted in additional funds being released to local Clinical Commissioning Groups (CCGs) in December 2015. NHS England asked for these plans to be "refreshed" annually, and this was successfully completed in 2016-17 securing the funding.

³ The 'transformation' funding has been included in CCG baseline resourcing so has to be found within CCG 2016-17 and 2017-18 budgets.

⁴ This figure includes £106,944 from West London CCG to deliver services to young people with a GP in the Queen's Park and Paddington areas.

⁵ This figure includes £27,060 from West London CCG to deliver services to young people with a GP in the Queen's Park and Paddington areas.

- 1.3 The revised 2017 Westminster plan has been reviewed by Cllr Heather Acton Westminster's Health and Wellbeing Board Chair prior to the sign off deadline. Successful submission of the 'refreshed' CAMHS Transformation Plan secures the next tranche of NHS England funds.
- 1.4 This report summarises the achievements of the last twelve months and charts the next steps to be taken in Westminster to continue the momentum for improvement already established.
- 1.5 The ambition for the 'refreshed' transformation plan is that by 2020 local children, young people and their families will be able to:
- access services at the **Right time**,
 - be seen in the **Right place** and
 - access the **Right offer** in a welcoming environment.
- 1.6 The focus for 2017-19 will be on planning further **integration** between CAMHS Services, schools, and children's Early Help and Social Care services to reduce duplication, maximising the use of scarce resources by utilising the 'Family Hub' model.
- 1.7 Mental health **training** for the local children's workforce to increase capacity and skills across the system will continue with preventative and early intervention work in schools increasing.
- 1.8 The specialist CAMHS team have reduced **waiting lists** and extra resources for this work will continue to be prioritised. Additional funding is also targeted for those young people who are especially **vulnerable**, including young people with eating disorders, those in crisis, youth offenders and children who have autism or a learning disability.
- 1.9 New for 2017-18 is the implementation of 'Kooth', an **online counselling** platform for young people aged 11 upwards. Through the use of their mobile phones, young people can access bookable telephone counselling, moderated focus groups, 'chats', and text messaging with trained therapists. The service will be available from 11am to 10pm for care leavers and young people living in Westminster, or attending a Westminster schools.
- 1.10 Please see the attached, 'refreshed', 2017-18 CAMHS Transformation Plan for more detailed information⁶

2. Key Matters for the Board

- 2.1 The Health and Wellbeing Board is asked to note the achievements to date, the progress in implementing the Central London CCG and Westminster Young People's Mental Health Transformation Plan and the challenges ahead in realising local ambitions to 'transform' Westminster's mental health services for children and young people.

⁶ Annex B: Central London CCG Local information and implementation plans for Central London CCG and Westminster City Council. October 2017.

3. Background

3.1 Please see attached report.

4. Options / Considerations

4.1 Option 1

The Westminster Health and Wellbeing Board acknowledges and supports the work being undertaken in relation to transforming mental health services for young people.

4.2 Option 2

The Westminster Health and Wellbeing Board does not support the young people's mental health service Transformation work as summarised above.

4.3 It is recommended that the Westminster Health and Wellbeing Board endorses option 1.

5. Legal Implications

5.1 There are no legal implications for Westminster City Council in this report.

6. Financial Implications

6.1 The Transformation funding for 2017-18 will be released to CCG's subject to NHS England's assurance processes following sign off from the Westminster Health and Wellbeing Board Chair. CCG's have been informed that the Transformation funding committed by Government for five years (2015-2020) has been added to baseline allocations from 2016-17.

If you have any queries about this Report or wish to inspect any of the Background Papers please contact:

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APPENDICES: Local Information and Implementation Plans

Annex B: Central London CCG and Westminster City Council, October 2017

Annex H: West London CCG and RBKC (including Queens Park and Paddington)